The Bark Coaching Institute offers NIWH students:

- Coaching focused on joy, health and success that will help you integrate and apply your NIWH skills.
- A holistic/integral approach that invites coaches and clients to look through multiple windows for exploration and action.
- Award-winning textbook with a fun and easy design, interactive exercises, and real-life examples of integral coaching applications. “The Wisdom of the Whole: Coaching for Joy, Health, and Success” by Linda Bark PhD, RN, MCC, NC-BC is an American Journal of Nursing 2012 Book of the Year in the Category of Professional Development.
- Coach training hours approved by the International Coach Federation (ICF).
- Continuing education hours for nurses.
- This program meets the training requirements for Nurse Coach certification through the American Holistic Nurses Credentialing Corporation (AHNCC)
- This program has been peer-reviewed and is endorsed by the American Holistic Nurses Association (AHNA).

Take advantage of the NIWH special offer for this effective model which integrates body, mind, and spirit:

- 15% discount for Foundations I
- 20% discount for Foundations II A & B, and Practicum I

Nurse Coach Mentoring

Sixty (60) hours of coaching experience are required to sit for the Nurse Coach certification exam. During the time that a Nurse Coach applicant is accruing these practice hours, Dr. Linda Bark (certified Nurse Coach) will meet with the applicant for 30 minutes of mentoring twice a month. Her fee is $150 per month for two, 30-minute mentoring sessions. Typically our students complete their practice hours within 3 to 6 months (so total cost for mentoring varies, typically between $450 to $900). Because Dr. Bark is also a Master Certified Coach, these hours can also be applied towards mentoring requirements for ICF certification.

Visit our website, www.barkcoaching.com for a list of free introductory classes, program information, course schedules, and registration. Contact us at info@barkcoaching.com or (510) 864-2006 for questions and to obtain your NIWH discount code.