

FOR IMMEDIATE RELEASE

Georgianna Donadio MSc, DC, PhD Named a Track Your Plaque Expert

National Institute of Whole Health Founder to Help Individuals Throughout the World to Prevent or Reverse Heart Disease

February 26, 2007, Wellesley, MA – The National Institute of Whole Health (www.niwh.org), pioneers of Whole Health Education® and Whole Person Care, today announced the organizations founder and director, Georgianna Donadio MSc, DC, PhD, has been selected to be a featured expert for Track Your Plaque (www.trackyourplaque.com). In this capacity, Donadio will lend her nutrition and health education expertise to the site and it's thousands of visitors, helping them to prevent or reverse heart disease, a leading cause of death in both men and women in the United States and a major cause of death throughout the world.

The companion web site to the popular book, Track Your Plaque takes an innovative approach to heart disease prevention. It is an information source on how to apply revolutionary new approaches to heart disease detection and treatment that identifies coronary plaque and what the future holds. It is a real-world method of managing heart disease risk that anybody can follow that, in 3 basic steps, helps individuals to identify and then seize control of heart disease in their life.

NIWH has, for the past 30 years, provided evidence-based, integrative whole health education, delivered in a relationship-centered, whole person focused curriculums for health and medical professionals who desire to provide better patient care. This approach integrates the most current medical research with a natural outlook on healing and the wisdom of various spiritual teachings and, all of which are grounded in integrity and compassion. NIWH is an Accredited Provider of Continuing Professional Education through the Commission on Dietetic Registration of the American Dietetics Association; an approved provider of Education and Training thru the U.S. Veterans Administration, approved by the Department of Higher Education; endorsed by the American Holistic Nurses Association; and approved to provide Continuing Professional education by several other national credentialing associations includes, nurses, social workers, health educators, acupuncturists, and licensed nutrition professionals.

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About the National Institute of Whole Health

Founded in 1977 and headquartered in Wellesley, MA, the National Institute of Whole Health (NIWH) offers the most established and credentialed integrative whole health certification programs in the US. NIWH's offerings include a Norman Cousins Award nominated Best Practice model – the Whole Health Education® certification program, a Whole Health Educator™ program for Nurses, endorsed by the American Holistic Nurses Association, a Nutrition Educator certification program and a Whole Health Coaching certification program which can be completed in-person or via DVD distance learning. Recognized nationally as the pioneers of Whole Health Education®, the school has instructed thousands of students with varying occupations from all over the U.S., and now offers DVD distance learning with students located on five continents. For more information, visit www.niwh.org or call (888) 354-HEAL (4325).

Press Contact: Carol Arnold, Arnold Communications, (877) 718-4604 x2,
carol@arnoldcomm.com.