

FOR IMMEDIATE RELEASE

National Institute of Whole Health Partners with the Massachusetts College of Pharmacy to Host Speaker & Author Diane Schwarzbein, M.D.

February 1, 2009, Wellesley, MA – The National Institute of Whole Health (www.niwh.org) pioneers of Whole Health Education®, and Whole Person Care, today announced they have partnered with the Massachusetts College of Pharmacy to bring Dr. Diane Schwarzbein to the Boston area. Schwarzbein created the renowned Schwarzbein Principle, bringing public awareness to the epidemic of hyperinsulemia and its devastating effects on human health. Her day-long workshop will take place on April 18, 2009 at the Massachusetts College of Pharmacy.

Schwarzbein is the author of *The Schwarzbein Principle* and has written extensively on the subject of insulin resistance, obesity and type II diabetes. She founded The Schwarzbein Principle Institute in 1993 where she sub-specializes in metabolism, diabetes, osteoporosis, menopause and thyroid conditions, subjects she lectures on frequently. Schwarzbein is a graduate from the University of Southern California (USC) Medical School and completed her residency in internal medicine and a fellowship in endocrinology at Los Angeles County USC Medical Center.

Since 1977, NIWH has provided evidence-based, integrative whole health education, delivered in a relationship-centered, whole person health focused curriculums for health care and medical professionals who desire to provide better patient care. This approach integrates the most current medical research with a natural outlook on healing and the wisdom of various spiritual teachings, all of which are grounded in integrity and compassion.

NIWH is an Accredited Provider of Continuing Professional Education through the Commission on Dietetic Registration of the American Dietetics Association; an approved provider of Education and Training through the U.S. Veterans Administration, approved by the Department of Higher Education; endorsed by the American Holistic Nurses Association; and approved to provide Continuing Professional education by several other national credentialing association includes, nurses, social workers, health educators, acupuncturists, yoga teachers and licensed nutrition professionals.

The workshop will be conducted on April 18, 2009 at the Massachusetts College of Pharmacy in Boston, MA, located at 179 Longwood Avenue. Attendance is free for NIWH graduates and students and reservations are required. For more information, visit www.niwh.org.

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About the National Institute of Whole Health
Founded in 1977 and headquartered in Wellesley, MA, the National Institute of Whole Health (NIWH) offers the most respected and credentialed integrative whole health certification programs in the US. NIWH's offerings include a Norman Cousins Award nominated Best Practice model – the Whole Health Education certification program, a Whole Health Educator program for Nurses, endorsed by the American Holistic Nurses Association, a Nutrition Educator certification program and a Whole Health Coaching certification program which can be completed in-person or via DVD distance learning.

Recognized nationally as the pioneers of Whole Health Education®, the school has instructed thousands of students from varying health occupations from all over the U.S., and now offers DVD distance learning with students located on five continents. For more information, visit www.niwh.org or call (888) 354-HEAL (4325).

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