

FOR IMMEDIATE RELEASE

National Institute of Whole Health Announces Certified Nutrition Educator Program

*ADA Accredited Continuing Education Enables Health Professional
to Empower Patients to Make Dietary Changes*

February 13, 2006, Wellesley, MA — The National Institute of Whole Health (www.niwh.org), pioneers of Whole Health Education®, and Whole Person Care, today announced an accredited Certified Nutrition Educator program, adding to their stable of Whole Health Education focused continuing education programs. Unlike other nutrition courses and programs, the Certified Nutrition Educator program looks at nutrition in relation to all other aspects of health, including the physical, emotional, spiritual and the environmental, providing a truly holistic view. The courses contained in the program is accredited by the American Dietetics Association, a provider of professional continuing education and is endorsed and recommended by Standard Process Nutrition, Inc., the nation's oldest and largest producer of whole food supplements for health care practices and health care professionals.

For health professionals desiring to enhance their knowledge and practice and empower patients with a Whole Foods Nutrition perspective, the program is a part-time in-person or distance learning based program. Upon completion, health professionals will be able to empower their patients to make better decisions about their lifelong personal nutritional needs. Through 14 courses such as Digestive Function & Nutrition, Stress & The Adrenals and Cardiac Whole Health, health professionals will learn how food heals, how stress increases nutrient demands, the benefits of organic food and how false nutrients can contribute to disease states. The program combines 14 video/DVD courses with 14 books and textbooks.

“There is a tremendous interest in a whole foods nutrition program that is evidenced-based, accredited and convenient”, says clinical nutritionist, Dr. Georgianna Donadio, founder and director of the National Institute of Whole Health. “Our Certified Nutrition Educator program fills a huge void in traditional or holistic continuing education today and given that our organization began as a nutrition counseling training, it is the perfect complement to our stable of programs.”

Founded in 1977, the National Institute of Whole Health provides evidence-based education delivered in a relationship-centered, supportive learning environment. This approach integrates the most current medical research with the wisdom of various spiritual teachings and a natural outlook on healing, centered on integrity and compassion. NIWH courses are endorsed and approved as professional continuing education by numerous national associations, including the American Nurses Association, the National Association of Social Workers and the American Holistic Nurses Association. NIWH's programs provide health and medical professionals with the skills and knowledge to improve their relationships and care to their patients. The program is ideal for all providers and caregivers desiring to offer more than symptom-oriented care to patients.

The Certified Nutrition Educator program is available immediately and CPE credits are available. For more information, visit www.niwh.org.

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About the National Institute of Whole Health

Founded in 1977 and headquartered in Wellesley, MA, the National Institute of Whole Health (NIWH) produces evidence-based, relationship-centered curriculums, which integrate current scientific and medical research, with the wisdom of various spiritual teachings and a natural outlook on healing, all centered on integrity and compassion. NIWH's offerings include a Norman Cousins Award nominated Best Practice model – the Whole Health Education® certification program, a Whole Health Educator™ program for Nurses, endorsed by the American Holistic Nurses Association as well as associated programs for social workers, CAM practitioners, coaches and individuals which can be completed in-person or as self-study. Recognized by leading medical experts as the pioneers of Whole Health Education®, the school has instructed thousands of students with varying occupations from all over the U.S. For more information, visit www.wholehealtheducation.org or call (888) 354-4325.

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