

FOR IMMEDIATE RELEASE

**National Institute of Whole Health to Host International Speaker
& Author Byron Katie**

July 1, 2009, Wellesley, MA – The National Institute of Whole Health (www.niwh.org) pioneers of Whole Health Education®, and Whole Person Care, today announced they will be hosting a lecture to be conducted by Byron Katie, creator of The Work process for ending suffering. On September 29, 2009 at the Newton-Wellesley Hospital, Katie will be conducting a public lecture.

Since 1986, Katie has brought The Work to millions of people across the world, at free public events, in prisons, hospitals, churches, corporations, universities, schools, at weekend workshops, and at her own nine-day School for The Work.

Since 1977, NIWH has provided evidence-based, integrative whole health education, delivered in a relationship-centered, whole person health focused curriculums for health care and medical professionals who desire to provide better patient care. This approach integrates the most current medical research with a natural outlook on healing and the wisdom of various spiritual teachings, all of which are grounded in integrity and compassion.

NIWH is an Accredited Provider of Continuing Professional Education through the Commission on Dietetic Registration of the American Dietetics Association; an approved provider of Education and Training through the U.S. Veterans Administration, approved by the Department of Higher Education; endorsed by the American Holistic Nurses Association; and approved to provide Continuing Professional education by several other national credentialing association includes, nurses, social workers, health educators, acupuncturists, yoga teachers and licensed nutrition professionals.

The lecture will be conducted on September 29, 2009 at the Newton-Wellesley Hospital in Newton, MA, located at 2014 Washington Street. All lectures will take place on the 2nd floor of the Shipley Auditorium. Attendance is \$25 and reservations are required. For more information, visit www.niwh.org.

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About the National Institute of Whole Health

Founded in 1977 and headquartered in Wellesley, MA, the National Institute of Whole Health (NIWH) offers the most respected and credentialed integrative whole health certification programs in the US. NIWH's offerings include a Norman Cousins Award nominated Best Practice model – the Whole Health Education certification program, a Whole Health Educator program for Nurses, endorsed by the American Holistic Nurses Association, a Nutrition Educator certification program and a Whole Health Coaching certification program which can be completed in-person or via DVD distance learning. Recognized nationally as the pioneers of Whole Health Education®, the school has instructed thousands of students from varying health occupations from all over the U.S., and now offers DVD distance learning with students located on five continents. For more information, visit www.niwh.org or call (888) 354-HEAL (4325).

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