FOR IMMEDIATE RELEASE

Award-winning Nurse Advocate & Nightingale Scholar Candidate Georgianna Donadio, D.C., M.Sc., Ph.D., Presents at Massachusetts Nurses Association Annual Regional Meeting on June 15, 2005

School Founder Addresses The Psychophysiology of Menopause and How To Live Well After 55

July 7, 2005, Wellesley, MA – The National Institute of Health (NIWH) and the New England School of Whole Health Education (NESWHE), the pioneer of Whole Health Education, and a provider of whole-person care educational programs for healthcare workers, medical institutions and consumers, today announced that founder Georgianna Donadio, D.C., M.Sc., Ph.D. presented a program on "The Psychophysiology of Menopause: Living Well After 55" to attendees of the Massachusetts Nurses Association (MNA) Annual Regional One Meeting & Continuing Education seminar on June 15, 2005. At the event, nurses from throughout the state gathered on the cruise ship "Lady Bea" where they cruised up the Connecticut River making for a lovely evening with good food and company.

"When I got the call from the MNA saying that they wanted me to speak because I was both entertaining and informative and their group wanted to have a good time, I was delighted," said Donadio. "To be in the company of such amazing nurses is always a pleasure so I was happy to share my knowledge with them."

Founded in 1903 and celebrating 100 years, the Massachusetts Nurses Association (MNA) is the largest and most powerful professional health care association and the largest union of registered nurses in Massachusetts. Its 22,000+ members comprise every role of nursing practice, working in more than 85 different health care facilities across the state. These facilities range from large metropolitan to community hospitals, school nurses, public health nurses and visiting nurses associations. Serving as a voice for the nursing profession, the MNA works to advance it by fostering high standards of nursing practice, promoting the economic and general welfare of nurses in the workplace, projecting a positive and realistic view of nursing, providing collective bargaining representation and lobbying the Legislature and regulatory agencies on health care issues affecting nurses and the public.

Donadio is founder and director of the National Institute of Whole Health and the New England School of Whole Health Education. In addition, she is a chiropractor and nutritionist with a doctorate in education, is also host of a nationally syndicated, weekly cable TV program *Woman to Woman®,* as well as the acclaimed internet Nurse Talk Radio program, *Celebrating Whole Health!™.* Georgianna is the author of a soon-to-be published book, *To Be A Human Being – The Challenge of Being Human.* She has done extensive research on the impact of diet and nutrition on the health of indigenous people.

Founded in 1977, The New England School of Whole Health Education is the pioneer of the current Renaissance of Relationship-Centered Care and of Whole Health Education, a model of evidence-based patient health education, delivered in a relationship-centered, supportive learning environment. This approach integrates the most current medical research with the wisdom of spiritual teachings and a natural outlook on healing, centered on integrity and compassion. It combines one-to-one peer counseling with respectful listening, unconditional presence, the big picture of health and current evidence-based medical

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and integrative health information. The National Institute was formed in 2004 to serve the distance learning interests and health promotion agenda of NESWHE.

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About The New England School of Whole Health Education

Founded in 1977 and headquartered in Wellesley, MA, The New England School of Whole Health Education produces evidence-based, relationship-centered curriculums, which integrate current scientific and medical research, with the wisdom of various spiritual teachings and a natural outlook on healing, all centered on integrity and compassion. NESWHE's offerings include a Norman Cousins Award nominated Best Practice model – the Whole Health Education® certification program, a Whole Health Educator™ program for Nurses, endorsed by the American Holistic Nurses Association as well as associated programs for social workers, CAM practitioners, coaches and individuals which can be completed in-person or as self-study. Considered by leading medical experts to be the pioneers of Whole Health Education®, the school has instructed thousands of students with varying occupations from all over the U.S. For more information, visit www.wholehealtheducation.org or www.niwh.org or call (888) 354-4325.

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